



**Be Inspired
Be Empowered
Be Enlightened**

Transformation is Within Your Reach

Our Mission

Our corporate trainings are unique! We focus on enhancing each participant's level of self-awareness, improving interpersonal skills and motivating each person to believe that success is within their reach. We know these components are critical to your organization's success!

Our Values

Within Your Reach offers Corporate Training, Life Coaching, Inspirational Speeches / Workshops and Luxury Spa Retreats that highlight the following concerns...and more!

- ✓ The Core Values of A Great Leader
- ✓ Transforming Your Thoughts
- ✓ Conflict Resolution
- ✓ Self Awareness / Self Esteem
- ✓ Personal Development
- ✓ Team Building

Why Choose Our Training Services

We understand the success of your organization relies on employees and leaders who are balanced in their personal lives



Business Growth

We are concerned about your gross revenue and your personal net worth. We want your bank account and your life to reflect abundance.



Create Personal Awareness




Our track record is proven to enhance personal awareness, which in turn increases productivity and the possibility of your company reaching its goals



Leadership Growth

Our trainings extend beyond the classroom. We offer one-on-one virtual and telephonic coaching sessions designed to further enhance your life.

Stay
IN TOUCH

-  404-836-3905
-  info@withinyourreach.life
-  www.withinyourreach.life

LEADERSHIP 101

Leadership Begins Within



Training Description

This dynamic training moves beyond what can be taught in life (skills, knowledge, abilities) and focuses on operating with excellence daily. We are not just concerned about your bottom line. This training is designed for those who aspire to become leaders. Before you can lead others you must possess certain qualities. These qualities are essential to your success as a leader. Leadership begins within!

Details



Length of Time
4 hours or more



Min # of Attendees
Ten



Max # of Attendees
Twenty

Room Set Up Requirements (subject to change)
PowerPoint, Wireless Microphone, Tables / Chairs
Training locations vary depending on needs of organization and number of participants

Learning Objectives

- ✓ Fundamental Traits Necessary To Become an Effective Leader
- ✓ The Importance of Clear Vision
- ✓ The Value of Focus
- ✓ How to Manage Distractions Effectively

** These numbers are not mandatory. They are only recommended for optimal results. Modifications can be made to meet your organization's needs.*



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NEXT LEVEL LEADERSHIP

Learning To Lead



Training Description

This dynamic training provides basic strategies designed to improve employee performance and engagement, all while enhancing your effectiveness as a leader. Whether you are a natural born leader or not the knowledge you gain is designed to take your leadership skills to the top, enhance your self-awareness, improve your interpersonal skills and motivate employees to stay aligned with your organization's strategic goals.

Details



Length of Time

4 hours or more



Min # of Attendees

Ten



Max # of Attendees

Twenty

Room Set Up Requirements (subject to change)

PowerPoint, Wireless Microphone, Tables / Chairs

Training locations vary depending on needs of organization and number of participants

Learning Objectives

- ✓ Crucial Conversations for the Workplace
- ✓ Basic Principles for Navigating Change
- ✓ Managing Emotions While Under Pressure
- ✓ Moving From Conflict To Collaboration

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ADVANCED LEADERSHIP

Don't Just Get To The Top...Stay There!



Training Description

This training is strategically designed to advance leaders beyond the basics. Participants will gain a more in-depth understanding of how to strategize and make decisions that enhance their personal and professional development as well as advance the company's mission. Most leaders are responsible for specific areas and have little understanding of the impact their decisions have on other areas. This training provides insight and high performance strategies designed to take your leadership and your company to the top.

Details



Length of Time

8 hours or more



Min # of Attendees

Ten



Max # of Attendees

Twenty

Room Set Up Requirements (subject to change)

PowerPoint, Wireless Microphone, Tables / Chairs

Training locations vary depending on needs of organization and number of participants

Learning Objectives

- ✓ Create a Personal Leadership Development Plan
- ✓ Understand Basic Principles of Business Acumen
- ✓ Human Capital Management
- ✓ Results Driven Leadership

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CONFLICT MANAGEMENT

Who's Right - You or Me?



Training Description

This high intensity training engages participants on many levels. Conflict is inevitable and must be managed effectively. Many people view conflict as something negative however if you change your perception you will find that conflict has the potential to promote growth on a personal and corporate level. This training will help you recognize and understand the value of conflict and provide an overview of the many different styles of conflict. This training goes on to look at the many different ways one can respond to conflict, provides communication guidelines and explores effective strategies toward conflict resolution.

Details



Length of Time

4 hours or more



Min # of Attendees

Ten



Max # of Attendees

Twenty

Room Set Up Requirements (subject to change)

PowerPoint, Wireless Microphone, Tables / Chairs

Training locations vary depending on needs of organization and number of participants

Learning Objectives

- ✓ Perception and How It Affects Everything
- ✓ Conflict Resolution Styles
- ✓ Fighting Fair
- ✓ The 3 C's to Resolving Conflict So Everyone Wins

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COMMUNICATION

It's a 2-Way Street



Training Description

Communication is something everyone does daily yet few have mastered the art of how to do it effectively. Without effective communication individuals feel isolated, relationships fail and corporations fall. This training encourages participants to evaluate whether or not they are really effective communicators. We will explore ways to improve communication throughout your organization so that everyone from Volunteers to the CEO feel connected to the vision.

Details



Length of Time
4 hours or more



Min # of Attendees
Ten



Max # of Attendees
Twenty

Room Set Up Requirements (subject to change)
PowerPoint, Wireless Microphone, Tables / Chairs
Training locations vary depending on needs of organization and number of participants

Learning Objectives

- ✓ Roadblocks to Effective Communication
- ✓ Guidelines for Effective Communication
- ✓ The 3 C's of Communication
- ✓ Fighting Fair

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TEAM BUILDING

The 3 C's That Make A Great Team!



Training Description

Teamwork is essential to the growth and development of any organization. In this dynamic training participants will have the opportunity to enhance their communication and leadership skills. They will become more aware of their strengths as well as their weaknesses and learn how to leverage both so they can excel beyond their challenges. We have found when each individual feels empowered there is almost nothing the company can't do.

Details



Length of Time

4 hours or more



Min # of Attendees

Ten



Max # of Attendees

Twenty

Room Set Up Requirements (subject to change)

PowerPoint, Wireless Microphone, Tables / Chairs

Training locations vary depending on needs of organization and number of participants

Learning Objectives

- ✓ Dealing With Conflict
- ✓ Maintaining Healthy Boundaries
- ✓ R.E.S.P.E.C.T. – What does it really mean and how does it affect the TEAM?
- ✓ The 3 C's That Make A Great Team

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PERSONAL DEVELOPMENT

Create The Life You Want



Training Description

Personal development is the conscious pursuit to increase awareness, develop potential and enhance the quality of one's life. This training is intended to help you do just that. You will receive tools strategically designed to propel you toward greatness. We want you to be the best YOU can be. This ultimately enhances the lives of others around you as well.

Details



Length of Time

4 hours or more



Min # of Attendees

Ten



Max # of Attendees

Twenty

Room Set Up Requirements (subject to change)

PowerPoint, Wireless Microphone, Tables / Chairs

Training locations vary depending on needs of organization and number of participants

Learning Objectives

- ✓ Assess Personal Strengths and Weakness
- ✓ The Power of Positive Thinking
- ✓ Set Personal Goals Designed To Help You Soar
- ✓ How to Create Balance In An Unbalanced World

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